SCHOOL TIPS

GRACEFUL NESTERS FAMILY NETWORK
WWW.GRACEFULNESTERS.CA

High School Prep

Time Management

- PLANNER, GOOGLE CALENDAR, REMINDERS
- CREATE WEEKLY SCHEDULES WITH TIME BLOCKS
  - set weekly goals - like assignments that need to be done by the end of the week
  - example of time blocks:
    - school work time from 5pm to 7pm
    - God time from 7am to 9am
- CREATE ANTI-DISTRACTION STRATEGIES
  - Hide your phone or put it out of reach
  - Tell your parents of your study time
  - Use a consistent space only for studying

Social Circles

- DO NOT BE IN A RUSH TO CREATE "FOREVER FRIENDSHIPS"
  - there will always be an opportunity to make new friends + focus on building yourself and the right people will come
- ROMANS 12:2; Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think.
  - WE ARE MEANT TO STAND OUT
- PROVERBS 13:20; Walk with the wise and become wise; associate with fools and get in trouble.
  - YOUR INNER CIRCLE REFLECTS YOUR FUTURE, CHOOSE WISELY

Study Tips

- MOCK QUIZZES, FLASHCARDS, MIND MAPS
  - putting notes into AI to generate mock tests and/or get deeper explanations
  - Mind Maps help break down bigger concepts in a visual way to see the connections
- SHORTER BLOCKS OF STUDYING PER SUBJECT
  - instead of one whole day studying one subject, do around 1 hour per subject each day
- USE EXTRA RESOURCES LIKE YOUTUBE, YOUR TEACHERS AND YOUR FRIENDS

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Grade 12 Prep

BE CONFIDENT

- THAT YOU ARE GRADUATING, CHECK YOUR CREDITS WITH A COUNSELLOR IF UNSURE
    - have you taken all mandatory classes?
- THAT YOU'VE TAKEN THE RIGHT CLASSES THAT WILL GET YOU INTO YOUR UNIVERSITY PROGRAM
    - check with the school requirements page
- THAT GOD WILL HELP YOU FIGURE IT ALL OUT JEREMIAH 29:11;For I know the plans I have for you", says the Lord. "they are plans for good and not for disaster, to give you a future and a hope.

TRANSITION TO UNIVERSITY

- MORE INDEPENDENCE AND FREEDOM
- PRIORITIZE CLASSES CONNECTED TO YOUR MAIN PROGRAM
- CHOOOSE COURSE LOAD WISELY - DON'T TAKE ON MORE THAN YOU CAN HANDLE
    - each course usually covers ALOT of content in a very short time!
    - give yourself breathing room! Ensure you'll have time for God and yourself.
- KNOW THAT YOU ARE RESPONSIBLE FOR YOUR OWN EDUCATION!!!
    - If you're not putting in effort, you won't see the best results.
- USE STUDYING STRATEGIES FROM HIGH SCHOOL

KNOW YOURSELF

- HOW DO YOU STUDY BEST?
    - reading notes out loud?
    - rewriting notes is not recommended...
    - longer periods of time vs shorter blocks
- WHEN ARE YOU MOST PRODUCTIVE?
    - morning versus night?
    - menstrual cycle planning
- WHAT STUDYING STRATEGIES WORK BEST FOR YOU?
    - reflect on your academic history - what studying methods gave you the best grades?